

Support Your Child's Development

As they grow, children are always learning new things. Because every child develops at his or her own pace, your child may reach developmental milestones slightly before or after other children the same age. If you have any concerns, talk with your child's doctor or nurse.

Complete the Ages and Stages Screening tool available through the Together We Grow program. Through this screening you will be able to identify:

- Your child's strengths
- Areas where your child might need more practice
- Questions or concerns about your child



FIRST5
EL DORADO
Children & Families Commission
4111 Creekside Drive, Suite B
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Together We Grow

Growing Children One by One...
Campaign for Kids



Children & Families Commission



Western Slope ■ South Lake Tahoe

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6767 Green Valley Rd.
Placerville, CA 95667



www.first5eldorado.com

Together We Grow

Early Childhood Specialists

We are available to support parents and answer any questions you might have about your child's development.

Contacts

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It's time to change how we view a child's growth

By the end of 7 months, many children are able to:

- Turn their head when name is called
- Smile back at another person

By the end of 1 year (12 months), many children are able to:

- Use simple gestures (waving "bye-bye")
- Make sounds such as "ma" and "da"

By the end of 1.5 years (18 months), many children are able to:

- Do simple pretend play ("talk" on toy phone)
- Point to interesting objects

By the end of 2 years (24 months), many children are able to:

- Use 2 to 4 word phrases
- Follow simple instructions

By the end of 3 years (36 months), many children are able to:

- Show affection for playmates
- Use 4 to 5 word sentences

By the end of 4 years (48 months), many children are able to:

- Use 5- to 6-word sentences
- Follow 3-step commands ("Get dressed. Comb your hair and wash your face.")

Questions to ask your child's doctor or nurse

- What can I do to keep track of my child's development?
- What should I do if I'm worried about my child's progress?

NATIONAL CENTER ON BIRTH DEFECTS AND DEVELOPMENTAL DISABILITIES
Learn the Signs. Act Early.



Visit the "Learn the Signs. Act Early." website <http://www.cdc.gov/actearly> for information about childhood developmental milestones and delays. You'll be able to track the developmental milestones your child should be reaching, see how milestones change as your child grows, and download fact sheets on developmental milestones for children from 3 months to 5 years, along with information on developmental screening and developmental disabilities.

All services are available at no cost to El Dorado County children, ages birth through five years of age.

All discussions are confidential.



El Dorado
County
Office of
Education