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THE WINDFALL BUSINESS SPOTLIGHT

SHINGLE SPRINGS TRIBAL HEALTH PROGRAM

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Check out Windfall's Health & Wellness Section every week! SSTHP will announce upcoming events and news about the clinic!

We are accepting new patients ~ Call for your appt. today!

SHINGLE SPRINGS Tribal Health Program



For this weeks business spotlight, our focus is on the Shingle Springs Tribal Health Program. In October of 2011, the Shingle Springs Band of Miwok Indians opened the doors to their new and expanded Community Health Clinic near the Red Hawk Casino. This 60,000 square foot facility is state-of-the-art and is triple the size of its former building on Mother Lode Road in Shingle Springs. By providing a full range of medical, dental and behavioral health services, this clinic serves the growing needs of tribal members, casino employees and all residents of El Dorado County. In this economy, when fewer and fewer

providers are accepting new Medi-Cal patients, our low-income county residents are left without options for medical care. Until now! Shingle Springs Tribal Health Program offers the resources required to grow and provide quality services to a larger number of patients, including those who are insured or under-insured. They provide healing services to the sick and care to the acute or chronically ill. It is their goal to meet the medical needs of every family member at every stage of life. Everyone is welcome here!

With dedicated health professionals already servicing the community since May of 1995, this new and improved facility allows them to continue treating the body, mind and spirit with modern technology and respect for traditional medicine and ethnic beliefs. Because they recognize that excellent care involves more than practicing good medicine, they designed their facilities and practices to consider every aspect of your visit. They want your experience to be as pleasant and as comfortable as possible and to reflect our mission of excellence in providing exemplary primary and specialty care.

The Shingle Springs Rancheria was purchased by the U.S. Government in 1920 under the authority of the Reservation Acts of 1906 and 1908 for the occupancy of the Sacramento/Verona Band of Homeless Indians. It is the descendants of those Indians who have made available the Shingle Springs Community Health Clinic to serve the community's health needs. The tribe in the operating area affiliated with the clinic is the Shingle Springs Band of Miwok Indians. Unfortunately, most people without insurance tend to wait until they are more seriously ill before seeking treatment. Such delays make it more difficult and more expensive to restore health and/or manage chronic conditions. This program focuses on early intervention, education and outreach in order to interrupt this cycle. This pro-active approach empowers patients to become full partners in creating a culture of healthy habits and lifestyles. Healthy individuals make for healthy families. Healthy families make for a healthier community. Good health helps our patients stay productive at work, at school and at home.

Medical Services

Medical services are provided by a staff dedicated to community health and well-being. The staff includes a physician, family nurse practitioner, nursing staff and a community outreach representative. The medical team believes in the maintenance of good health and in the prevention of diseases. They are proud to operate one of the few clinics in El Dorado County that accepts both Medicare and Medi-Cal patients. Their friendly and professional staff are highly trained in modern medical technology. Their goal is simple: to provide the community with quality care in a secure and comfortable environment that promotes the total well-being of their patients. They try to help anyone who walks through their doors. For those without medical coverage they offer a sliding fee scale. It is their philosophy to help those most in need of healthcare – low-income patients.

Dental Services

The clinic offers full dental services that are provided by a dentist, registered dental assistants and an oral hygienist. The clinic boasts one of the most state-of-the-art dental programs in the area. The staff is regularly kept up-to-date on all the latest procedures,

including training on the latest equipment. The antibiotic chip, a time-released treatment for gum disease, is just one of the many exciting new treatments available at the Shingle Springs Tribal Health Program. This year thousands of El Dorado County children will go without the dental care that they need. And every day, serious oral health problems will go undiagnosed until they become acute—when they will be more difficult and more expensive to treat. Children's general health will be compromised and precious school hours will be lost. In an effort to improve access to dental care for underserved children, the Shingle Springs Tribal Health Program Mobile Dental Van Program was created, through relationships with local El Dorado County First 5 program, and the El Dorado County School District, the Dental Van Program provides high-quality preventative services (comprehensive exams, digital x-rays, fluorides, varnishes, sealants, dental cleanings and oral hygiene instruction) and dental education to Medi-Cal children whose families can't afford dental care. Its services have been successful in reaching underserved youth by utilizing a dental unit on wheels that visits schools in the El Dorado County School District.

Behavioral Health Services

Their Behavioral Health staff offers counseling services for the individual, couple, family or group. The mission of the Shingle Springs Tribal Health Program is to design, implement, promote, and coordinate a system of comprehensive mental health and social service through the programs of the Behavioral Health Department, offering a wide range of culturally sensitive services at all levels of mental health needs. Depending on the client's need, frequency of visits may vary ranging from monthly to several group and individual sessions per week. They offer groups that a client in recovery may benefit from including a weekly Native Recovery Group. Once your treatment plan is established, services may include one or more of the following:

Drug and Alcohol Recovery Program

The Shingle Springs Tribal Health Program is certified to operate and maintain an alcohol and drug abuse recovery program by the State of California Department of Alcohol and Drug Programs. (Certification # 090017AN) This program is designed to treat adults in recovery by providing thorough assessments, individual, family and group counseling to clients with low to high intensity needs

Diabetic Programs

There are 17 million people in the United States who have some sort of diabetes. When left untreated, the progression of the disease can lead to serious health consequences, affecting the use of limbs and eyesight. The Health Program is especially attuned at treating diabetic patients and the numerous conditions that result.

Did You Know?

**The Shingle Springs Tribal Health Clinic is
OPEN TO THE PUBLIC!**

**Approx. 60% of the people who seek care in the
tribal health program are NOT tribal members.**

**Uninsured and/or under-insured?
No problem! Everyone is Welcome!**

**We accept patients enrolled
in government programs and those with
insurance (except HMO plans).**

**No medical coverage?
They have a sliding fee scale to help those most
in need of healthcare – low-income patients.**

**Clinic Hours for Medical and Dental:
8am - 9pm Mon-Fri**